



**Our Weekly Gift to You**  
**Your Happiness Is Our Priority**  
 Share A Copy! Invite Them To Our Place.



**MAKING YOUR WEEK** **MAY 10-16**  
**Happier**



**Happy Mother's Day**

**From Our Readers**

**My Family Grows**



Our daughter was born when I was five months pregnant and she only weighed one pound fourteen ounces. She stayed in the hospital for over two months to grow healthy and strong. It was a true miracle, glory to God. And now she and her husband have a young man of their own named Christian Maurice Jones. I had always prayed that my daughter and son-in-law would have a grandchild and be great parents.

—Thanks, Teresa Moten, Alexander City, AL

**Days Gone By**

**Country Music Friends**



I'm an 87-year-old great-great-grandmother living in Arkansas. I enjoy reading about Jim Brady, the FBI agent, and would like to tell him thanks for his service. Jim talked about his country music friends, and I wanted to share my country music times. In the mid 70's, my co-workers and I would go out to the Stan Hitchcock Show and meet many singers. We met Dolly Parton, Little Jimmy Dickens and so many more. I'm sending this picture, but I can't remember his name. Maybe you know him.

—Thanks, Rowena Titus, Alma, AR

**Riddle**



What is on its way but never arrives?

Answer:  
 Tomorrow

**Make it a Special Mother's Day!**

Mother's Day is such a special time of year! It's a time to spend with your special loved ones celebrating the day! May your Mother's Day be special! The following are ways you can make it a special day:

- Eat a special lunch together at Mom's favorite restaurant.
- Clean up the house just for Mom so she is able to rest and enjoy the day!
- Make a beautiful card for Mom! Pick out special photos to put on your card. Make sure it's photos of you and Mom. She'll love it!

Happy Mother's Day —Diane Wilks Nolan



**For Better or for Worse**

**Happier Happenings**

**To my dearest husband.** To have and to hold from this day forward. When you retell the story of how we met growing up, recounting how I sheepishly asked to borrow your pencil in math class, if you say so, I won't question your version of the story.

**For better, for worse.** When you bring up the dish you have brought to holiday family gatherings over the years — insisting how much better it tastes with raisins than my mother's recipe—I promise to hold my tongue.

**For richer, for poorer.** When you pick out another birthday sweater on sale, an ever-chosen style in a now-wearied hue, I'll refrain from quibbling over your selection.

**In sickness and in health.** And when you urge me to surrender the car keys, after I've lost my way home — to the house where we've lived ever since our youngest child was born, over four decades ago— I'll try my best not to argue with you. —Your Beloved, D.Rachel Breinan



**Today's Happier Tip**



**I Love Sunday**

The Constitution only guarantees the American people the right to pursue happiness. You have to catch it yourself. — Benjamin Franklin



## We Love Our Hometown

### Family Drug Center is Making Coeburn, Virginia Happier



The Family Drug Center is independently owned and has been serving the community of Coeburn for over 50 years. Customers praise the staff for being "friendly and courteous" and for going "above and beyond" to help with medical questions. Beyond filling standard prescriptions, the center offers several clinical and convenience-like medical equipment, on-site immunizations and vaccinations. They even have a gift shop with seasonal merchandise.

In and around Coeburn, Virginia, you'll find a heavy emphasis on rugged outdoor recreation, with world-class trails, scenic river gorges, and unique historical landmarks like railroad tunnels and old mountain lookout towers.



The Guest River Gorge Trail is a rugged, remote gorge in the Jefferson National Forest. It is widely considered one of the most scenic trails in Southwest Virginia with sandstone cliffs and the rushing Guest River that parallels the entire route. You can see waterfalls, bridges, and unique flora. The trail follows the former path of the Interstate Railroad, which once hauled coal from Coeburn to the Clinchfield Railroad at the bottom of the gorge.

## Favorite Crossword

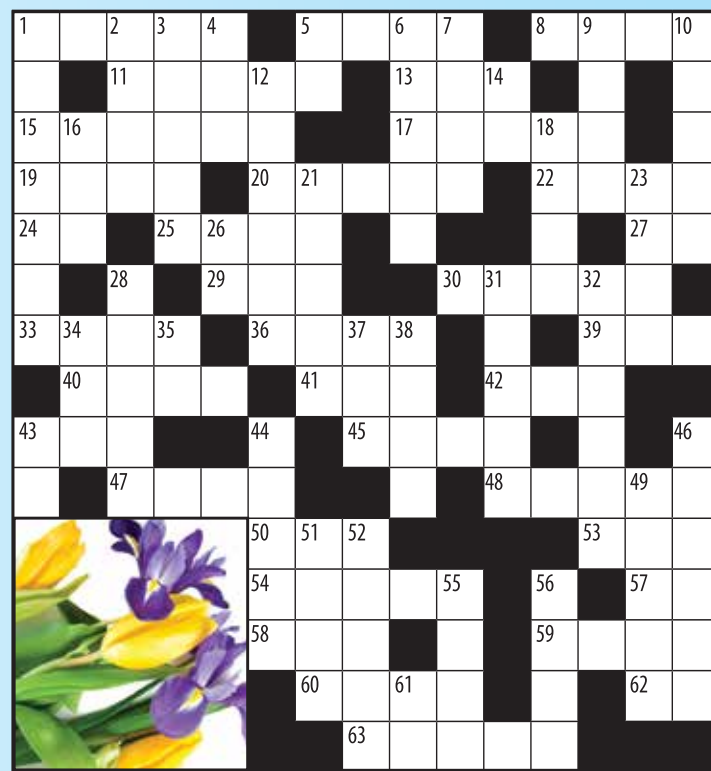
Answers on page 8.

### ACROSS

- 1 Wharves
- 5 Scepter
- 8 Second-hand
- 11 Seed used for flavor
- 13 Foolish person
- 15 Foist
- 17 Instruct
- 19 A Christmas greeting
- 20 Fast
- 22 A smell
- 24 Act
- 25 Praise
- 27 Supposing that
- 29 Masculine name
- 30 Spoil by discoloration
- 33 A word song
- 36 Plant's part
- 39 Upper atmosphere
- 40 One on a list
- 41 \_\_\_ Grande
- 42 Everything
- 43 Joined
- 45 Type of ground covering
- 47 Percentages
- 48 Bivalve shell joint
- 50 Anger
- 53 Arid
- 54 Mends
- 57 Equally
- 58 Period in history
- 59 Want to happen
- 60 To catch sight of
- 62 Sound of hesitation
- 63 Comforted

### DOWN

- 1 Shrink
- 2 Type of coat
- 3 Small hill
- 4 A sibling
- 5 Us
- 6 V-shaped cut
- 7 Gloomy
- 9 Beach
- 10 Stunted thing
- 12 Something that follows
- 14 \_\_\_, sol, la
- 16 Cattle sound
- 18 Small particle
- 21 Cow's part
- 23 Pig's sound
- 26 In; on; by
- 28 A duplicate
- 31 Garbage



- 32 Land surrounded by water
- 34 Type of dessert
- 35 Symbol for cerium
- 37 A goal
- 38 Base
- 43 Mother
- 44 To one side
- 46 A gusher

- 49 A fruit
- 51 Unusual
- 52 Rub out mistake
- 55 Mentions
- 56 Type of fish
- 61 Papa

## Happier Kitchen

### Mulligan Stew

- ¼ c. all-purpose flour
- 1 (3 oz.) pkg. dry onion soup mix
- 3 c. water
- 2 c. carrots, diced
- 1 c. potatoes, sliced
- 1 c. canned green peas, drained
- 1 c. celery, sliced
- 1 c. bell pepper, sliced
- 1 c. onion, diced
- 3 c. beef, cooked and diced
- 1 tsp. black pepper



Combine flour and soup mix in a large soup pan. Add water to mixture and heat to a boil, stirring constantly. Add vegetables and beef. Cover and cook over low heat 1 to 1 1/2 hours or until vegetables are tender. **Enjoy!**



**Yes! Big Monday**



**Today's Happier Tip**

You can get happier, by trying to make the impossible—possible.

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**HIDE and SEEK**

I ♥ "LOVE" SUDOKU

Fill the grid so that every column, every row, and every 3x3 box contains the digits 1 to 9. The diagonal squares must also contain the numbers 1-9.

Answers on page 8.

Can you help round-up five more turtles?

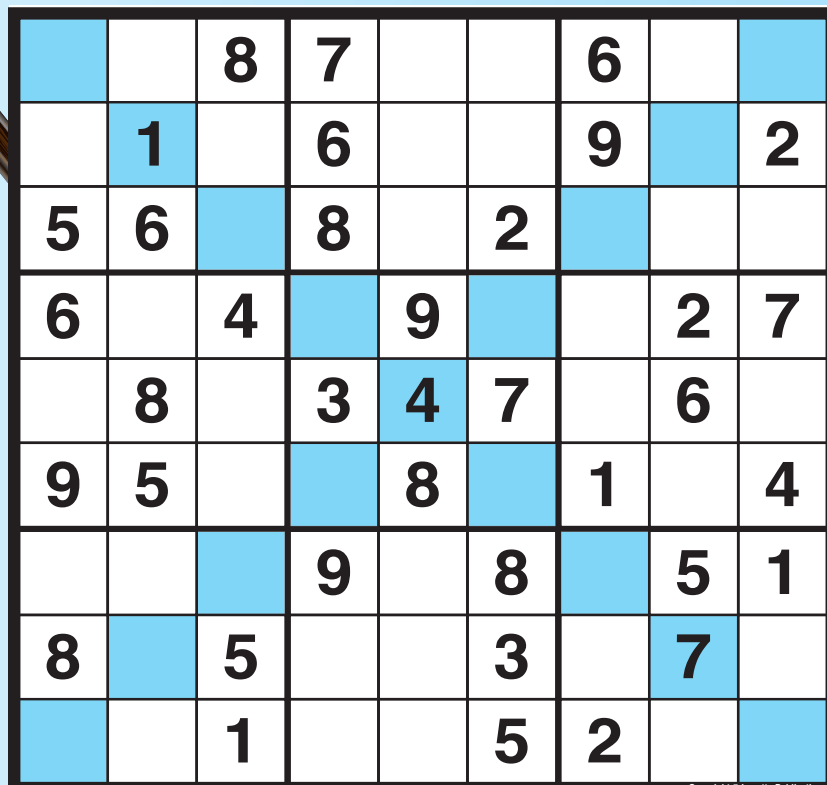


Answers on page 8.



life.

Find the missing blocks throughout Happier to make the word.



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# MY MOTHER & FRIEND

## Get Happier Tips

## Health Tip

Dear Mom,

You were always there when you and dad brought me into this world. How can I help but know that in your hearts that day, your dreams both came true. As days pass by and I grow older, it seems all but a fleeting dream that I could have this opportunity to become a parent like you.

For in those years, you taught me how to love no matter what—with all your heart and might. To really be a mom, one must give that gift onto the next generation. You've done that for me and everyday I will always feel your love.

So, no matter what may come in our lives down the road, just know that I have always felt very loved by you! Nothing can replace your love; it's written in my heart. So, to you, I wish this day to be just as special as you are.

—Love your daughter, Diane Wilks Nolan



## Did you know?



Loose throw rugs with curled edges are considered a tripping hazard. Did you know that over 30,000 adults over the age of 60 fall every year due to rugs and carpets. The fall would occur from throw rugs with non-stick backings, or a non-carpet area to where the carpet begins. Keep this in mind if you start to see your carpet start to curl or not lay flat or slip.

## Handy Hints

### Tennis Balls and Clean Clothes



When drying a load of clothes, put 2-3 tennis balls in your dryer with the wet clothes. Then dry clothes. Your clothes will come out wrinkle free and soft. This is a great hint for people allergic to fabric softener and also saves money.

\*Making Your Week Happier newspaper does not guarantee any results of our features. Use at your own discretion.

## Happier Poem

### Where Wildflowers Grow

Here today these were planted  
Look at the wildflowers I do see  
Planted by my Hannah and Isaiah  
Oh, just how special they are to me.

An unexpected special little something  
They were planted with their love  
Now nurtured by mother nature  
Planted by my 2 angels from above.

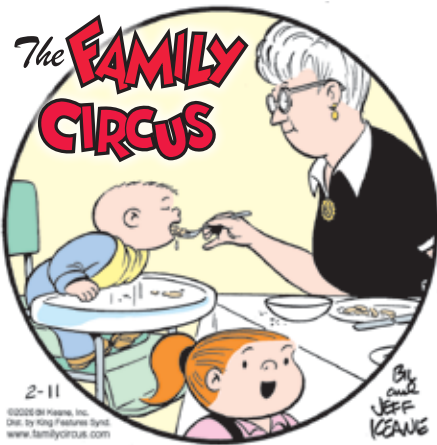
Feel the rain as it drizzles down  
The wind will hollow and it will blow  
Here they set down their little roots  
as they begin to dance to and fro.

O now how special this is to me  
How special "they" will never know  
They are like my Hannah and Isaiah  
O how special to watch them grow.

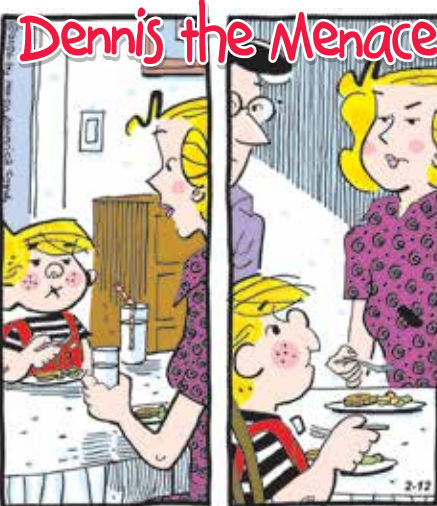
Yes, this is a special little something  
Such the beauty we now all see  
How they have shared this with so many  
But I know  
They were planted just for me.

—R.W. Walla Walla, WA

## Laugh A Little



"Grandma put PJ's string beans on her plate and NOW he likes them."



"This would be good if it was pizza."

"Just sayin'!"

## It's REAL

It is technically illegal to catch a fish with your bare hands in Indiana.

## NOW THAT'S FUNNY!

Someone told this young man they heard that he got married. "Yeah, I found Mrs. Right." "Oh, really?" "Yeah, but I didn't know her first name was always."

Fred: "I heard you just moved into a cottage. Do you think you'll be warm enough this winter?" Paul: "Sure, I had the painter put on two coats of paint!"

## Secret Words

## "WILD FLOWERS"

Cross out all words listed below in the puzzle. Words are in straight lines and all directions. Your bonus words are made up from the 18 letters leftover. **Have fun!**

Bonus Words:

- AIR
- BEEES
- BLOOMS
- BOUQUETS
- BUDS
- BUTTERCUP
- CATTAILS
- COLORS
- CLOVER
- CLUSTERS
- DAISY
- DANDELION
- DEW
- FIELDS
- FLOWERS
- GROWING
- HEATHER
- HERBS
- LEAVES
- LUPINE
- NATURE
- NECTAR
- NICE
- PISTIL
- PODS
- POLLEN
- RAIN
- ROOTS
- SCENT
- SEEDS
- SEPAL
- SUN
- THISTLE
- TRILLIUM
- VIEW
- VIOLETS
- WOODS
- YARROW

S T E L O I V B N E L L O P  
L R R L B O U Q U E T S Y U  
I I E O I D B N P O D S A C  
A H S W O T A E E L A U R R  
T E B D O T S N E C T A R E  
T R T L U L S I D S I S O T  
A B I R O B F C P E R F W T  
C S E L R O H E S E L E H U  
O C E S L E M E T D D I U B  
L E U P A I V S W S S R O W  
O N L T A A U O I T N A E N  
R T H A E L O M L U P I N E  
S E M L C D E E A C V N D O  
R D A I S Y W G N I W O R G

Answer on page 8

**Hello Tuesday!**

**Today's Happier Tip**

The happiness in your life depends upon your trained ability to think happy thoughts.

**BILLBOARD of HAPPINESS**

Fill in the missing letters for the phrase below using each of the provided letters once to complete the statement.

W	S	I	N			
O			V	R	Y	
	P	Y				
O	T		S	D		

**AAAEEGHHH  
MMMPRY**

Answers on Page 8

**I look up to the night sky.**

Page 3



13 THU Pie Day	14 FRI National Buttermilk Biscuit Day	15 SAT National Chocolate Chip Day	16 Armed Forces Day
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## Dear Ramsey

### Delegation: Transferring the Fire



Dear Dave,

I've owned my own live events business for five years now. We've started really growing over the last year, but there are so many moving parts, and I've begun to feel like things could spin out of control at any minute. Do you have any tips for relieving all this stress, and my fear of losing control? —Russ

Dear Russ,

I get what you're saying. I really do. Years ago, I went through these same feelings when my company began to really grow and pick up steam. Fanning flames, putting out fires and burning the candle at both ends can seem as necessary as breathing for most driven business leaders.

Don't misunderstand. There's nothing wrong with being driven to achieve your goals and build something great. But the truth is this: Your business will never grow beyond your ability to let go and delegate. That's why, as an entrepreneur, it's vitally important to learn how to delegate the right way.

Delegation is one of the most misunderstood—and abused—areas of leadership. It isn't handing off tasks you hate. It's all about recognizing and developing your team's abilities and skills, then trusting them to take on responsibility. Transferring the fire in your heart to the right team members (transformational leadership) sets everyone up to burn brighter. But you'll need to intentionally shift your mindset from doing the work to leading it. You can start this by beginning to see yourself more as a catalyst, coach and consultant, instead of the muscle for all the heavy lifting.

If this sounds hard, it's because it is. At the outset, it'll be one of the most difficult things you'll ever do in your business. But if you slow down just a little, and develop a great training plan and delegation process now, I promise you things will grow incredibly later.

Done properly, delegation will lighten your load, and stress, so you can focus more on strategy and vision. It will also increase project ownership and company loyalty, while giving others a growth path and the motivation to learn new skills. As you activate this momentum, your whole team will become stronger, faster and better. It will also show your team that you believe in them.

And in time, watching your team do tasks as good as, or better than you, will feel rewarding beyond anything you ever imagined. — Dave

## Exercise Routine

An Exercise routine should be a part of almost everyone's daily routine in an effort to maintain good health and well-being. Looking in all directions, using the clues, find the exercise related words. *Answers on page 8*

R B Y S C I B O R E A  
I Q H S E O H S X C T  
A Y T Z T A T Z T O U  
H J L O T R A I N T O  
S O A I E U O E Z R K  
E G E C A N W F A E R  
R Y H V U D T Z F X O  
F M G N I E B L L E W

W..B.. EF...  
AE... DA...  
GY... SH...  
EX... JO...  
AC...  
WO...  
TO...  
HE...  
F..A..  
RU...  
TR...

## Cutest Kids



This is Kelly Ann and enjoys to be happier.

— Thanks Holly Hansen, Millington, TN

## This n' That



### Jim's FBI Happenings

— by Jim Brady  
Your Good Friend  
Retired FBI Agent,  
Hendersonville, TN

### The Mandrell Sisters

While I was backstage in Memphis, I told Barbara's father, Irby, that I hoped that someday I could meet The Mandrell Sisters, and that I could tell them I thought they were the best country music family in the business. Irby said, "Let's go back and see Barbara right now."

I spent 15-20 minutes with Barbara. She was very gracious and polite, just as I had heard.

During weeks and months of passing, and meeting other members of the family, we all became family. They told my wife and I we were going to have to change your name to Mandrell. *See you next week.* — Jim



Barbara and her dad, Irby

## This Week In History

- May 10, 1969** – Apollo 10 transmits 1st color pictures of Earth from space.
- May 11, 1927** – Louis B. Mayer forms Academy of Motion Picture Arts and Sciences.
- May 12, 1908** – Wireless Radio Broadcasting is patented by Nathan B. Stubblefield.
- May 13, 1992** – Three astronauts simultaneously walked in space for the 1st time.
- May 14, 1973** – First U.S. space station launched into orbit around the earth.
- May 15, 1940** – 1st nylon stockings sold in U.S.
- May 16, 1965** – Spaghetti-O's 1st sold.

## Hidden Puzzle

### PAPER AIRPLANE RIDE

The boys are too busy flying their paper airplane to see all the hidden objects. See if you can find a: ruler, slice of bread, open book, hat, spoon, flag, butterfly, glove, paper clip, banana, heart, sailboat, pencil, shoe, crown, bell, and feather.



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Answers on page 8

## Let's Have Fun

Brain teasers help keep our brains in tip top shape by using our brain power in different ways. Find the correct shadow. *Answers on page 8*



## Did You Know...

Dr Pepper was invented in 1885 in Waco, Texas, by pharmacist Charles Alderton at Morrison's Old Corner Drug Store, preceding Coca-Cola by one year. It is recognized as the oldest major soft drink in the United States.



And on the moon I see a face.

## Words of Wisdom



Without freedom of thought, there can be no such thing as wisdom, and no such thing as public liberty without freedom of speech.  
— Benjamin Franklin

## This Week's Scrambles

- ooowmrrT si a dogo ayd ot ratst ym tied.
- slt' aagimnz ohw ogod l eelf hewn l pelh oserht.
- Aonehrt lowdnefru reya si ni roftn fo su.

Answers on Page 8



Happy Thursday!



Today's Happier Tip

Get a laugh by letting someone tickle your toes. Treat them with a good joke.

## Laugh A Lot

A guy took his girlfriend to her first football game. Afterward he asked her how she liked the game. "I liked it, but why were they killing each other for 25 cents?" She asked. "What do you mean?" he said. "Well, everyone kept yelling, "Get the quarter back."



## What Am I?

- I have been eaten for thousands of years.
- I was invented in Mesoamerica or central America.
- I'm round and flat.
- I'm made of corn.

Answers on Page 8

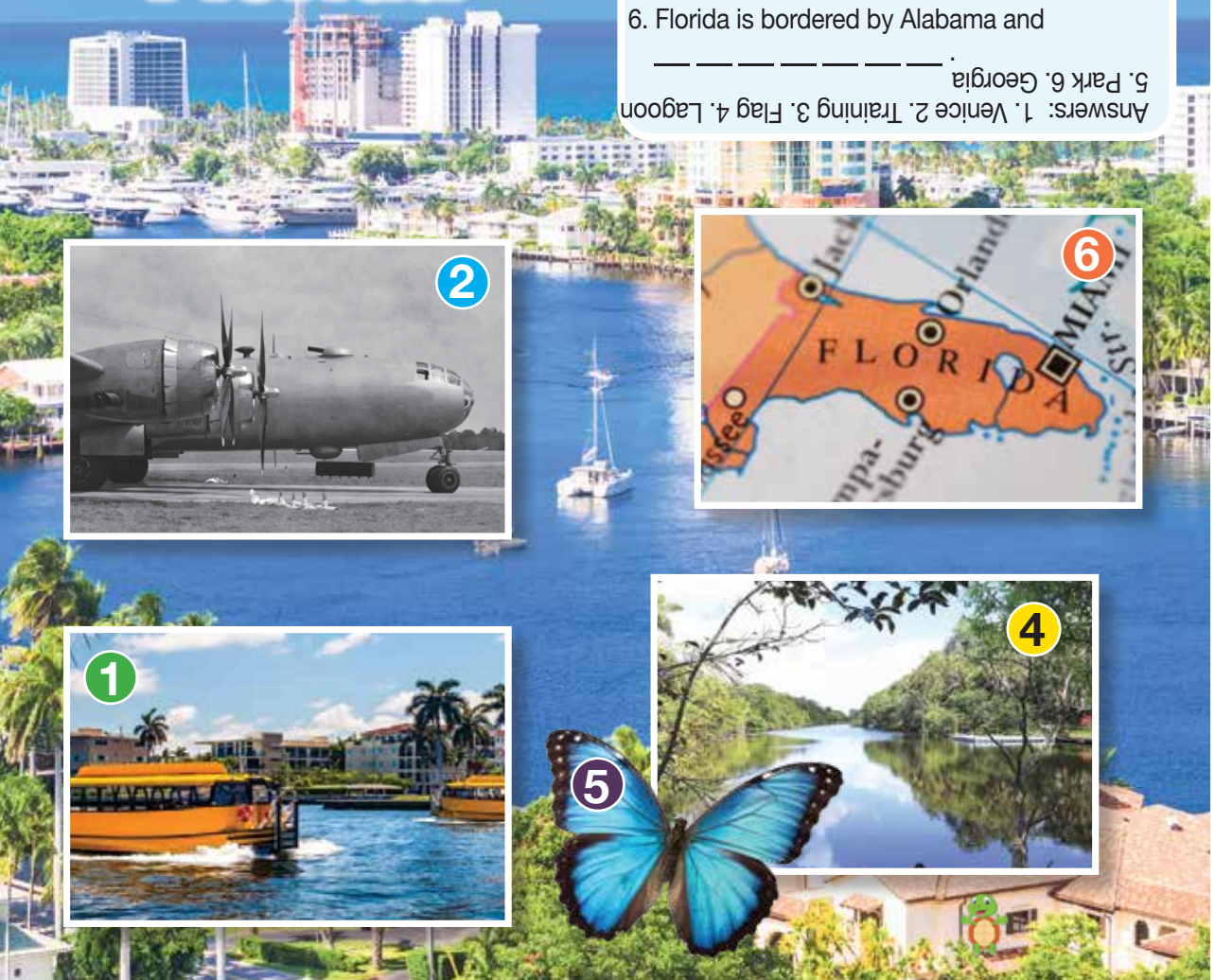
The moon is smiling at me.



## Cruisin' Around



# Fort Lauderdale, Florida



- Fort Lauderdale is the \_\_\_\_\_ of America. Water taxis use over 160 miles of waterways within city limits.
- During World War II, Fort Lauderdale became a \_\_\_\_\_ ground for thousands of pilots.
- Florida is one of only three U.S. states to feature the national motto "In God We Trust" on its \_\_\_\_\_.
- Long Lake is a mile-long freshwater \_\_\_\_\_ located within Hugh Taylor Birch State Park.
- Located in nearby Coconut Creek, it is the world's largest butterfly \_\_\_\_\_ with over 20,000 live butterflies.
- Florida is bordered by Alabama and \_\_\_\_\_.

Answers: 1. Venice 2. Training 3. Flag 4. Lagoon 5. Park 6. Georgia



## GETTING INTO SHAPE SCRAMBLE



### SCRAMBLE



- RCECIL
- EOXHNGA
- RSUAEQ
- HMROSBU
- TNGOACO
- LIGRETNA
- ARTS
- EEGARCTNL

Unscramble the letters below to find the names of eight shapes. Then discover the secret word made up from the circled letters.

Hidden Words:

\_\_\_\_\_

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Answers: 1-CIRCLE 2-HEXAGON 3-SQUARE 4-RHOMBUS 5-OCTAGON 6-TRIANGLE 7-STAR 8-RECTANGLE SECRET WORD: EXERCISE



## For the Love of PETS

A sloth can slow its heart rate and hold its breath underwater for up to 40 minutes.



## How quickly can you say?



while



work



## GUESS WHAT I AM

Answers on Page 8

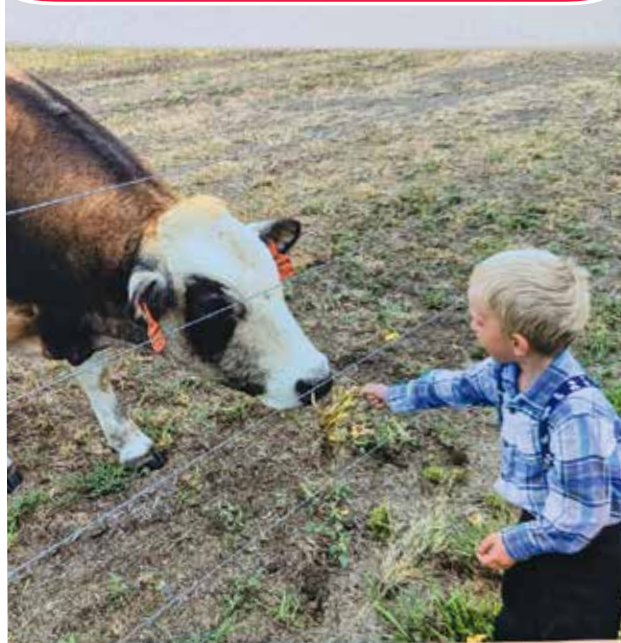
# Seven Layer Dip



- 1 (16-oz) can refried beans
- 1 c sour cream
- 1 Tbsp bean dip
- 1 c ranch salad dressing mix
- 1 c fresh tomatoes, diced
- 1 (4-oz) can green chilies, diced and drained
- 1 Tbsp jalapeno peppers, diced
- ¼ c Longhorn cheese, shredded
- avocado, chopped (optional)

Spread refried beans on a 9 x 9 pan. Blend together sour cream, bean dip, and salad dressing mix; spread over beans. Layer tomatoes, green chilies, jalapeno peppers (drained) and cheese on top of sour cream mixture. Garnish with chopped avocados. Chill, add olives and serve with tortilla chips. **Enjoy!**

## Precious Pets



**My little brother feeding the herd bull.**  
—Thanks, Kenzi Dawn, Lake Andes, SD

We wish we could answer and publish all the wonderful mail we receive. Here's a **BIG THANK YOU** to every one of you who write.

## Amazing "Animals"



### Pot-Bellied Pigs

A pot-bellied pig can live an average of 12 to 15 years and can weigh between 80 and 160 pounds. Pigs are very sociable, adaptable, hearty, clean, and intelligent. They love to be scratched, rubbed, massaged and can be very social.

## What The Good Book Says

Here are some key Bible verses from the NKJV about kindness, highlighting both God's nature and His call for humanity to be kind to one another. Find the missing words below.

**Psalms 65:4** Blessed is the man You choose, And cause to approach You, That he may dwell in Your courts. We shall be satisfied with the goodness of Your \_\_\_\_\_, Of Your holy temple.

**2 Chronicles 7:3** When all the children of Israel saw how the fire came down, and the glory of the Lord on the temple, they bowed their faces to the ground on the pavement, and worshiped and praised the Lord, saying: "For He is good, For His mercy endures \_\_\_\_\_."

**Romans 13:3** For rulers are not a terror to good works, but to evil. Do you want to be unafraid of the authority? Do what is good, and \_\_\_\_\_ will have praise from the same.

**Psalms 65:11** You crown the year with Your \_\_\_\_\_, And Your paths drip with abundance.

Answers: 1. HOUSE 2. FOREVER 3. YOU 4. GOODNESS



## Look and LEARN

Astronauts have described the smell of space as a mix of "burnt gunpowder" and "seared steak."



## Trivia Fun

Answers on page 8

1. Did Thornton Wilder or Tennessee Williams write the play "The Matchmaker?"
2. What is the Swiss monetary unit?
3. Why isn't there sound on the moon?



## "CHEER-UP" WORDS



R O O P Y A T O D I H ★ H  
K H C E R E ★ T R U L L O  
C M E ★ G E M S O O N E S  
I O U O Y R I E F ★ L ★ P  
S H ★ S A D O K N W A T I

Find the words below. They may zig and zag but don't cross any lines or objects. You will be left with five words, one per line. They need to be unscrambled to reveal the hidden message.

HOME	POOR	HOSPITAL
ILL	SAD	GRIEF
SICK	HURT	

Answer on page 8

## Get a Kick

"That Jack," said a woman looking at the family's bloodhound, "has the saddest face I've ever seen. "But look, ma," said her small son pointing to the dog's wagging tail, "He sure has a happy ending."



Oh My Goodness, It's Friday!

Today's Happier Tip

If the elevator to happiness is out of order, use the stairways . . . one step at a time.

## Thank You Mail

### Share Happy Memories

Do you have a happy memory you would like to share with the Happier family? If you do, you can send it to us in a letter or email. Please try and keep stories around 200 words and if published, you will receive \$25.

Send to: **SHARE**,  
PO Box 99  
Portland, TN 37148  
Or you can email us at,  
happierweek@gmail.com

We're Gettin' **HAPPIER!**



