



MAKING YOUR WEEK **Happier** NOV 23-29



Have a Wonderful Thanksgiving

From Our Readers

A Time to Be Thankful



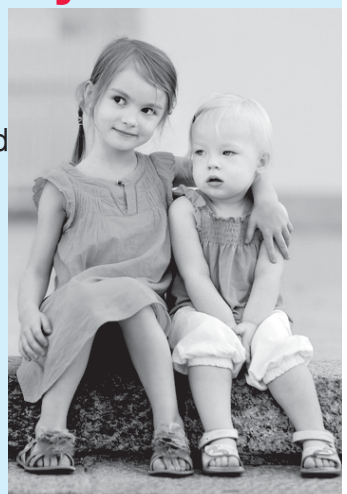
Thankful people are the happiest people alive. What are some of the things you are thankful for today? Won't you pull out a piece of paper and jot them down. Here's a few for starters... Let's be thankful for family, freedom, jobs, turkey and dressing. — *By Nancy Gibbs*

Days Gone By

White Turkey Gobbler

When I was a little girl growing up, we lived in a three-room house with cardboard walls for installation out in the country in the middle of nowhere. We had a big white turkey gobbler who would chase us when we walked out the door. One Thanksgiving, we had him for Thanksgiving dinner. We would sit around the kitchen table and play spoons. It's a card game. One day my grandpa was walking to the store to buy groceries. I watched my grandpa walk off to the store miles away. I wanted to go with him, but I was too little, so I had to wait at the gate as he disappeared over the horizon while walking down the road. He would always come back with a box of groceries on his shoulder way before dark. My sister and I would sit on the front porch looking up at the stars at night and sing. We used to play in the water trough that was our swimming pool. We didn't have much, but we were happy 'cause we had lots of love. We are all grown up now. We all moved away, but my sister and I moved back, not in the old house because it's torn down, but in a brand new home. We still don't have much, but we're happy. We have lots of love and grandkids to keep us active.

—*Thanks, Agnes Staples, Orange Grove, TX*



Riddle



How is Europe like a frying pan?

Answer: Because it has Greece at the bottom.

We Always Have a New Day

No matter what comes our way, there is always a newness and fresh quality to the beginning of each day. Take courage even in the face of difficult times, and remember we always have a new day ahead of us that will be brighter and more beautiful than the last day. Hang onto that thought and never let it go. It will help you get through many a difficult time!

—*Diane Wilks Nolan*



Cherish Your Old Friends

There's something uniquely comforting about old friends. They're the ones who knew us before life became complicated, who walked beside us through seasons of change, and who remember the stories that shaped us. Old friends are like well-worn books—familiar and rich with meaning, bringing warmth to our souls with every page.

What makes these relationships so special is the shared history. Old friends know our quirks, our struggles, and our triumphs. They've seen us at our best and worst and still choose to stay. With them, there's no need for pretense; they remind us of who we are and who we've been.

In a world that often moves too fast, old friendships offer a place of refuge. They are a reminder that some things don't change, even as everything else does. The laughter, the memories, and the bond remain strong, even when time and distance separate us.

Investing in these friendships is a gift to ourselves and to the people we love. A phone call, a handwritten note, or even a quick coffee date can rekindle the spark that years might have dimmed. Old friends remind us of the beauty of connection and the enduring power of love.

Cherish your old friends. They are living testaments to the richness of life shared with others—a reminder that, through every twist and turn, we never walk alone. —*Thanks, Perry Wm. Bell, Greeley, CO*

Happier Happenings

Today's Happier Tip



I Love Sunday

Be cheerful and mindful to others, and your day will be rewarded.



We Love Our Hometown

Middlesex Pharmacy is Making Middlesex, North Carolina Happier



Middlesex Pharmacy proudly serves the community of Middlesex, North Carolina. The customer service is excellent. They believe that being a local Middlesex pharmacy means providing healthcare services to their patients that are customized to meet their need. At Middlesex Pharmacy, you're treated like family.

While Middlesex is a small town, it offers several local attractions and is close to a variety of destinations in nearby cities like Zebulon, Wilson, and Raleigh.



The North Carolina Museum of Natural Sciences is considered a fantastic and engaging destination for kids and families with a wide range of interactive, hands-on exhibits and genuine fossilized bones.

Yes! Big Monday

Today's Happier Tip

Have faith in everything you do. This will be a good start to a happier life.

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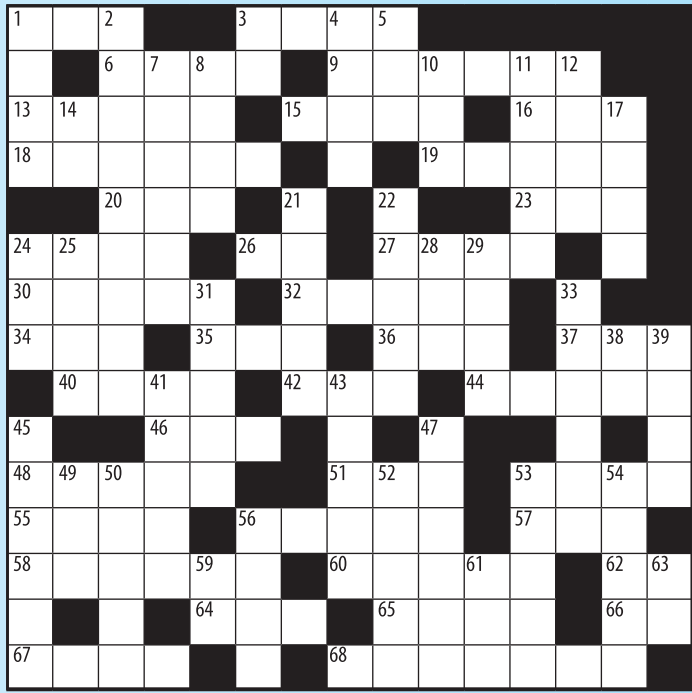
Favorite Crossword

- ACROSS**

 - 1 Candle ____
 - 3 Smell
 - 6 Chatter
 - 9 Pester
 - 13 Poverty
 - 15 Stag
 - 16 Compete for
 - 18 Honked
 - 19 Produce
 - 20 Church bench
 - 23 New English Dictionary, abbr.
 - 24 Bathroom (slang)
 - 26 Georgia, abbr.
 - 27 Push out
 - 30 Dwelling place
 - 32 Muscle
 - 34 A card game
 - 35 Girl
 - 36 Flutter
 - 37 Female sheep
 - 40 Pull apart
 - 42 Devour
 - 44 Duplicate
 - 46 Caress
 - 48 ____ it clean
 - 51 Type of tree
 - 53 Mislaid, plural
 - 55 ____-mell
 - 56 Insinuate
 - 57 Raw metal
 - 58 Revolts
 - 60 Cloth strainer
 - 62 The letter "N"
 - 64 Everything
 - 65 Unusual
 - 66 Act
 - 67 Dismal cry
 - 68 General pardon
- DOWN**

 - 1 Linger
 - 2 Percussion instrument
 - 3 Correct
 - 4 Mind
 - 5 Fish eggs
 - 7 Be present at
 - 8 Masticate
 - 10 Put forth effort
 - 11 Happening
 - 12 Vex
 - 14 Behold
 - 17 Swirl
 - 21 A myth
 - 22 Back of
 - 24 Pointed projection
 - 25 An obituary
 - 28 Night bird
 - 29 Cave stone
 - 31 Type of heron
 - 33 Great fear
 - 38 Great grief
 - 39 Way out
 - 41 Type of fruit
 - 43 Take for one's own
 - 45 Type of hawk
 - 47 Aviator
 - 49 Very small
 - 50 Part of arm
 - 52 Apprehension
 - 53 Fails to find
 - 54 Having gone to seed
 - 56 Small island
 - 59 Fa, sol, ____
 - 61 Anger
 - 63 Negative answer

Answers on page 8.



Sharing Happiness

Let the sponsor know you love Happier!

Happier Kitchen

OUT-OF-THE-PAN PEACH PIE



- 4 cups fresh peach slices, peeled, or not (2 1/2 to 3 pounds fresh peaches)
 - 1/4 cup plus 2 tablespoons granulated sugar
 - 1/4 cup unbleached all-purpose flour
- 1 teaspoon pumpkin pie spice
 - 1/2 recipe Easy-as-Pie Dough
 - Egg wash: 1 egg, beaten with 1 tablespoon water
 - 2 tablespoons coarse sugar

Preheat the oven to 350 degrees. Line 2 sturdy baking sheets with parchment paper and lightly grease the paper. In a medium bowl, toss the peaches with the granulated sugar, flour, and pumpkin pie spice. Divide the dough into two pieces and roll out one piece on a lightly floured board or parchment paper into a 10-inch circle. Carefully invert the dough onto one of the lined baking sheets. Scoop 2 cups of the peach filling into a mound in the center of the circle of dough, leaving a 1 1/2- to 2-inch margin all around. Fold the edges of the dough in toward the center, pleating as necessary; do this all the way around so that the peaches are visible in the middle. Brush the edges of the pastry with egg wash and sprinkle with 1 tablespoon of the coarse sugar. Repeat with the remaining dough, peach filling, egg wash, and coarse sugar. Bake for about 20 minutes, or until the crust is golden brown and the juices are bubbling. **Enjoy!**

HIDE and SEEK

Can you help round-up five more cookies?

Answers on page 8.

Thanksgiving

Find the missing blocks throughout Happier to make the word.

I ♥ "LOVE" SUDOKU

Fill the grid so that every column, every row, and every 3x3 box contains the digits 1 to 9. The diagonal squares must also contain the numbers 1-9.

Answers on page 8.

				3	1		8	
7			4			6	9	1
1		2	9				3	
	7	9		4				5
	5		1	7	9		2	
3				2		9	4	
	2				8	4		6
9	4	7			6			8
	6		7	1				

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FRIENDSHIP

I've always believed that some of the best surprises in life come when you least expect them. Friendships can grow in the most unlikely places, and sometimes a single decision changes the course of your life in ways you could never imagine. That's exactly what happened to me the day my husband encouraged me to sit down at the computer.

One afternoon my husband, Howie, suggested I learn how to use it, it being the computer. He was an expert, but I was so nervous. The machine seemed intimidating, and I usually steered clear of it. But Howie had a good point—he told me I could meet other writers online, something I had always dreamed of.

Finally, I caved in and gave it a try. After a few months of practice, I caught on and was able to use it without Howie's directions. He was impressed—and so was I.

Before long, I joined a writers' group and met people with all kinds of experiences: some who had written many books, and others, like me, who were just beginning. My favorite person I met in the group was Janie. She was so sweet and kind. We quickly became close, writing emails every day, and eventually talking on the phone daily. It was truly fun, and I often told my dad how much I wished I could meet Janie in person.

The problem was, Janie lived in Wisconsin and I was in Florida. Both of us had bad backs, so flying seemed almost impossible. My dad listened to me talk about it, but I thought he'd forgotten. Then came the biggest surprise of all—without saying a word, he secretly bought Janie a first-class plane ticket so she could travel comfortably.

The day she knocked on my door, I could hardly believe my eyes. There stood my best friend Janie, looking every bit as lovely as she did in her profile picture. I was overjoyed.

That was twenty years ago, and our friendship has never changed. We're still besties, bound by kindness, laughter, and the magic of an unexpected gift. Thank you, Dad, for making it all possible—you gave me one of the greatest blessings of my life. —Thanks Suzan Wiener, Spring Hill, FL

Get Happier Tips

Health Tip

Savor the Flavors



Let's not go crazy on Thanksgiving eating. It's beneficial for your health and comfort to avoid overeating. Enjoying the holiday in moderation allows you to savor the food and celebration without the negative side effects like blood sugar spike, heartburn and discomfort.

Eat slowly and savor the flavors. It takes about 20 minutes for your brain to get the message that you are full. Take a walk after dinner with your family. Movement helps with digestion and is a great way to relieve holiday stress.

Happier Poem

Let's Eat

I like to eat
No matter what kind
If it's fried chicken
Or chocolate cake.

Course with my height
And weight, you would
Think I don't eat much
But I do, 3 or 4 times
A day, the Lord blessed
Me with a good appetite.

Yes I like to eat
Care to join me?
—Martha Gleeup,
Springfield, TN

Laugh A Little

The FAMILY CIRCUS



Dennis the Menace



It's REAL

November is named after the Latin word "novem," meaning nine.

NOW THAT'S FUNNY!

A little girl in my pre-K class came up to me last week and said she had a really loose tooth. She added that it was because she was almost six. I asked her when her birthday was. She looked up and thoughtfully said, "Ummmmmm, I don't really know. But it's on the same day as last year when I turned five."



Handy Hints

Think Smart



I spend so much time trying to unpeel tape that's stuck to itself. I now stick a paper clip on the end to save my sanity.

**Making Your Week Happier newspaper does not guarantee any results of our features. Use at your own discretion.*



Hello Tuesday!



Today's Happier Tip

If you want to be happy, start with a smile.

Secret Words

“THE ELVES’ WORKSHOP”

Cross out all words listed below in the puzzle. Words are in straight lines and all directions. Your bonus words are made up from the 17 letters leftover. **Have fun!**

- BAGS

NAILS

BALL

NORTH POLE

BIKE

PAINT

BLOCKS

PAINT BRUSHES

BUILD

PLANS

BUS

RUSH

CARS

SANTA

CARVE

SAW

CHRISTMAS

SCREWDRIVER

DISHES

TABLES

DOLLHOUSE

TOOL KITS

DOLLS

TOYS

FIREPLACE

TRUCKS

GAMES

WINDOWS

HAMMER

WORK

HELPER

WORKBENCH

HOBBY-

WOOD

HORSE

LIGHTS

MAKE

Answer on page 8

Bonus Words:

W I N D O W S K C U R T B L
O O U N S E C A L P E R I F
R S O T O O L K I T S G T S
K E A D E R Y T C H H N A E
B P V M B V T A E T I N S H
E L D I T U R H S A T L O S
N A N O R S I A P A L B H U
C N Y A L D I L C O B Y S R
H S E A I L W R D Y L S U B
G A M E S L H E H R O E R T
A R M O K B S O R C C B W N
E K A M A I R U U C K A O I
T A B L E S B N D S S G R A
H E L P E R D I S H E S K P

BILLBOARD of HAPPINESS

Fill in the missing letters for the phrase below using each of the provided letters once to complete the statement.



	I		E			H	A	N			
	O					R		E			S,
	A		I	L				N			
	L					O				A	E

A A D D F F F G H I K
L M N R S T U V V Y Y

Answers on Page 8

I enjoy a good Thanksgiving.



Get Up Happier

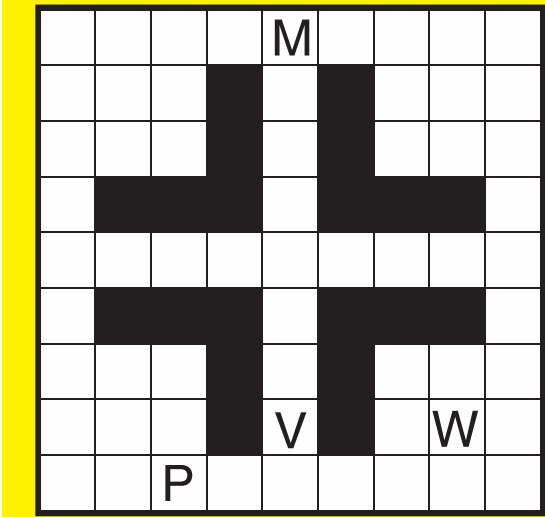
A Happy Homecoming

Wouldn't our homes be happier places if we intentionally welcomed our spouses home at the end of a hard day? Following are eight things that will let our mates know how much we love them.

- 1. A hot pot of coffee or pitcher of iced tea.
 - 2. Fresh vegetables sliced and ready to eat.
 - 3. A lit candle.
 - 4. A kiss.
 - 5. A house free of clutter.
 - 6. Fresh air. Open the windows for a change.
 - 7. His or her favorite meal.
 - 8. A smile.
- By Nancy Gibbs

TRIPLETS Lovatts

THE words from the crossword have been taken out and broken down into groups of three letters. Place the triplets into the grid with the help of the starter letters.



- | | | | |
|-----|-----|-----|-----|
| Add | Beh | Ina | Red |
| Age | Bla | Ler | Red |
| Aid | Dep | Lie | Res |
| Ave | Ego | Mis | Ret |
| Awe | Era | Ned | Rot |
| Bal | Ewe | Not | Sed |
| Bar | Has | Ome | Tan |
| Bbe | Hen | Ore | Tap |
| | | Rai | Ter |



Yea! It's Wednesday!

Today's Happier Tip

Enjoy everyday with laughter and friendship.

Our President Said It



Geography has made us neighbors. History has made us friends. Economics has made us partners, and necessity has made us allies. Those whom God has so joined together, let no man put asunder. — John F. Kennedy

It's good to get together and see others.

Page 4

23 NOV SUNDAY



National Espresso Day

24 NOV MONDAY



National Play Day With Dad

25 NOV TUESDAY



National Cake Day

26 NOV WEDNESDAY



Thanksgiving Day

Circle Words

Fill in the words by starting each at the correct circled letter; go forward, backward, up, down or diagonally. All squares will be full when you have completed the puzzle correctly. Mark through each word in the puzzle as you find it. The unused letters will spell the bonus words.

BAKE	EAT	SACK
BARS	ECLAIR	SCONES
BOXES	FUDGE	TART
BREADS	GOOD	TASTE
BRITTLE	MOMS	TOFFEE
BROWNIES	MOUSSE	TURNOVER
BUY	NOUGATS	WRAP
CAKES	PIES	
CANDY APPLE	PLATE	
CHEESECAKE	POUND CAKE	
COOKIES	PRALINES	
CUPCAKES	RAISE	
DADS	MONEY	
DONUTS	ROLLS	
DUMPLINGS		

Answers on Page 8

“COMMUNITY BAKE SALE”

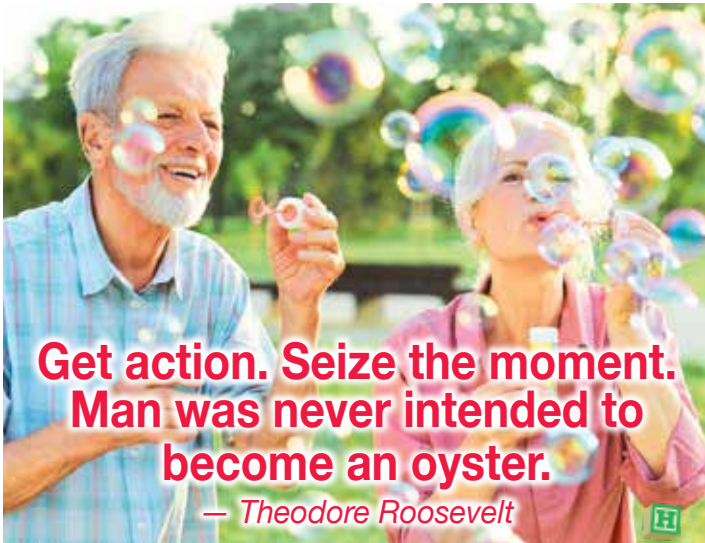
Bonus words: _____

	E				(P)		(C)	A	L	S	L	(P)	(B)
W	M						(R)			O			R
	K			I	(P)							(T)	N
G	(E)	(D)	(M)			I							Y
									D		(D)		
	L					S					T		
		(B)		(C)				(S)		(D)			O
		O	G	A	(S)					E	(T)		
		(M)		T	(T)							S	
		(W)				N				(C)	(F)		
		(G)				T	(B)	(P)					
			O						D				
	(B)	(N)			S				H		(C)	(R)	
(C)	E	(B)	R				(E)						(T)

Happier Across America



Dog gone....it's cold out here!
—Thanks Jo Meade, Kingsport TN



Get action. Seize the moment. Man was never intended to become an oyster.
— Theodore Roosevelt

Quick & Easy Crossword

ACROSS:

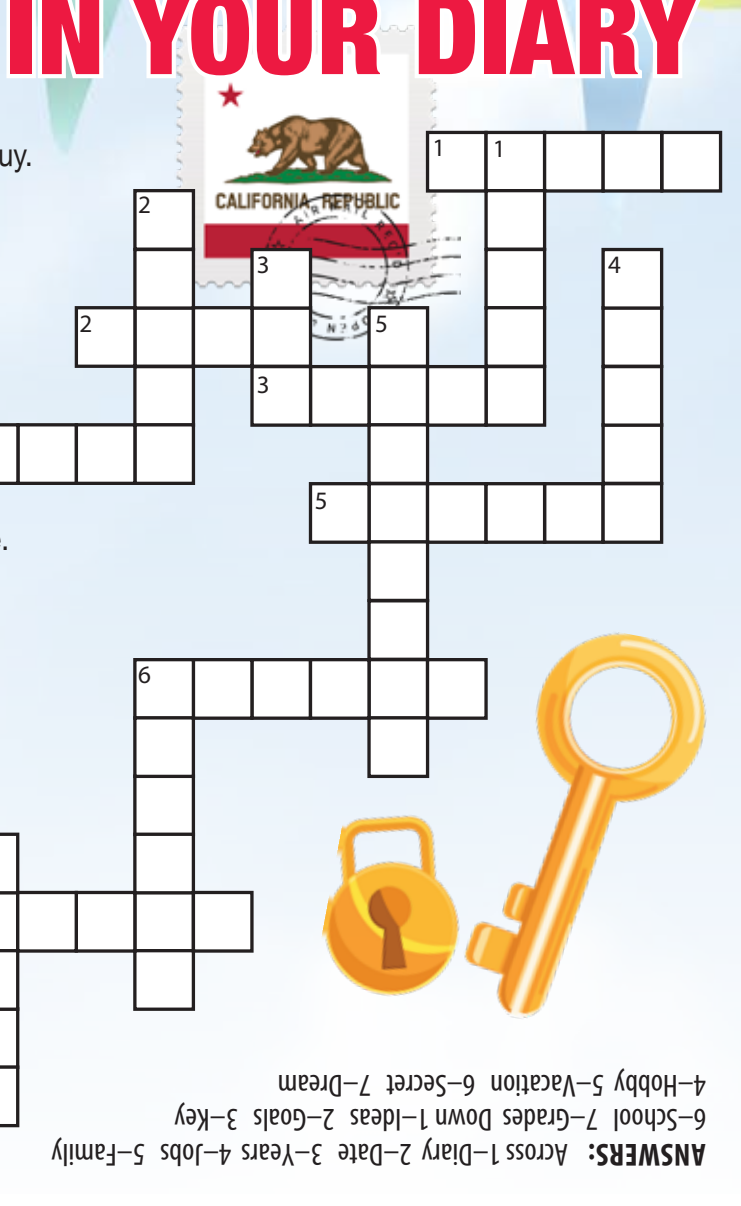
- It's fun to read your ____ after many years.
- Write about your first ____ with your dream guy.
- Keep a diary for several ____.
- Tell about your after school ____.
- Tell about a ____ gathering.
- Write about things that happened at ____.
- Write about the ____ you received on your report card.

DOWN:

- Write down some bright ____ you might have.
- Write down some ____ you'd like to reach.
- The diary has a lock and ____.
- Write about a new or favorite ____.
- Write about a special ____ with family.
- Write about a ____ someone told you.
- Write about a ____ you had while asleep.



IN YOUR DIARY



ANSWERS: Across 1-Diary 2-Date 3-Years 4-Jobs 5-Family 6-School 7-Grades Down 1-Ideas 2-Goals 3-Key 4-Hobby 5-Vacation 6-Secret 7-Dream

28 NOV

FRIDAY



National French Toast Day

29 NOV

SATURDAY



Cutest Kids

Cutest pumpkin in the patch!
— Mia Wipf,
Lake Andes, SD



This n' That



Jim's FBI Happenings
— by Jim Brady
Your Good Friend
Retired FBI Agent,
Hendersonville, TN

What would life be if we had no courage to attempt anything?
— Vincent Van Gogh

Word Search

WHAT KIND OF DAY WILL IT BE –Wake up in the morning and we don't know what the day will bring for us. Looking in all directions and using the clues, find some "kind of day" words.

O	Y	P	P	I	N	S	N	O	W	Y
V	R	T	O	P	A	A	N	D	G	
E	I	I	S	M	H	J	I	N	I	G
R	A	Q	A	U	B	R	I	S	K	O
C	A	D	M	F	G	W	A	R	M	F
A	T	E	I	M	M	E	C	I	N	A
S	A	U	L	O	O	C	Y	B	N	G
T	O	H	D	C	B	S	U	N	N	Y

THE FIRST LETTERS OF EACH WORD ARE LISTED BELOW

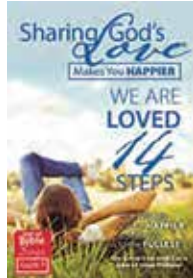
Al...	FA...	NI...
DA...	MI...	OV...
HO...	SU...	NI...
RA...	CO...	SN...
WA...	WI...	
FO...	CL...	
BR...	GU...	

Answers on page 8

Share It

If published, get paid \$25.
Send to: **SHARE**,
PO Box 99, Portland, TN 37148
or happierweek@gmail.com

Ask for your **FREE** 14-Steps To Happiness Booklet



Dear Dave



Dave Ramsey

Focus on What's Important Now

Dear Dave,
I'm 22, working my way through college and I've already been able to start setting money for life after graduation. I had a talk with my parents recently about my plans once I get a real job and get out on my own. They seem to think I'll be okay, but sometimes things can seem so overwhelming. How do people manage and prioritize more adult responsibilities like investing, marriage, having kids and everything else? — Kieran

Dear — Kieran,
You're right, it can be overwhelming if you look at all these things as if they have to be done right now. But I'll tell you something you already know: You don't have to do everything right now. It's great to look toward the future, and have a plan, but you're only 22. You've got plenty of time to decide what's important to you. For now, let's just say you've done a great job so far. Take a deep breath and relax. You're way ahead of the game compared to most young people your age, and you should be proud of your accomplishments.
Now, all the things you mentioned are great goals. Some of them are kind of intimidating, but those aren't what you're facing right now. In my mind, finishing college is your number one priority. Then, after you graduate and begin life on your own, you can begin looking at the other things you mentioned—one at a time. Once you find a good job, you can begin setting aside for retirement. If your car is about to roll over and die, that first step may be a better vehicle. If there's a special lady in your life, you might begin focusing on marriage somewhere down the road.
Don't be too intimidated, Kieran. Things are often easier to deal with when you break them down into smaller pieces and address them individually. There's a funny old adage that goes something like this: How do you eat an elephant? One bite at a time. Do you get what I'm saying? Nobody can do four or five big things at once and do them all to the very best of their abilities. Decide what matters most, put it at the top, and list everything else in descending order of importance. Once you've done this, go down the list, focus and knock them out one after the other.
You're a smart and determined young man, who has accomplished a lot already. Something tells me you can do just about anything you set your mind to! — Dave

Going to FBI School

My wife, Verna, and I, were both accepted for FBI School in Washington DC. We reported March 27, 1954.
I learned to classify and identify finger-prints while Verna answered inquires from other agencies and recorded their communications. Included in the fingerprints were 73,000 suspected terrorists.
We had two children, Stan and Steve. One day, I took the boys to the FBI offices for a tour. From that time on, they were dedicated to law enforcement.
Below is a picture of the FBI School we attended.
See you next week. —Jim.



This Week In History

Nov. 23, 1945

– U.S. wartime food rationing of meat, butter, and other foods ended.

Nov. 24, 1971

– D. B. Cooper parachuted from a Northwest Airlines flight with \$200,000.

Nov. 25, 1947

– New Zealand Gains Effective Legislative Independence.

Nov. 26, 1789

– First national Thanksgiving Day in the U.S. was proclaimed by George Washington.

Nov. 27, 1910

– New York's Pennsylvania Station opened.

Nov. 28, 1964

– The U.S. spacecraft Mariner 4 launched—on its way to the first successful mission to Mars.

Nov. 29, 1890

– 1st US Army & Navy football game, Score: Navy 24, Army 0 at West Point.

Hidden Puzzle

BRINGING THE TREE HOME

Can you see all the hidden objects we've hidden around the yard? Look for a pushpin, slice of pie, bell, ballpoint pen, nail, mallet, candle, golf club, pencil, artist's paintbrush, slice of cake, and an ice-cream cone.



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Answers on page 8

Brain Teasers

Brain teasers help keep our brains in tip top shape by using our brain power in different ways. Find the correct shadow. **Answers on page 8**



Did You Know...

The only U.S. state that does not have a wild turkey population is Alaska. The cold climate and unsuitable habitats make it impossible for the wild turkey species.



And I really enjoy biscuits and gravy.

Page 5

Words of Wisdom



Money has never made man happy, nor will it, there is nothing in its nature to produce happiness. The more of it one has the more one wants. — Benjamin Franklin

This Week's Scrambles

- 1. annksiiggvht si a mtie fro su ot eb theretog.
- 2. owH oubta mseo esetw toesotpa.
- 3. akMe moes eattrs ot hsaer.

Answers on Page 8



Happy Thursday!



Today's Happier Tip

A bad day reminds us how special a good day is.

Laugh A Lot



What is a turkey's favorite dessert?

Peach gobbler.

Why was the turkey in a band?

Because he had his own drumsticks.

Fruit comes from a fruit tree, so where does turkey come from?

A poul-tree.



What Am I?

- 1. I was a gift from France to the United States.
- 2. I was originally a brown color and turned green due to oxidation.
- 3. My feet are 25 feet long.
- 4. I am located on Liberty Island in New York.

Answers on Page 8

Happy Thanksgiving to you all.



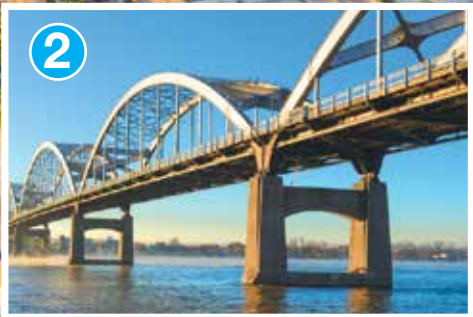
Cruisin' Around

Davenport, Iowa



- 1. Davenport, Iowa was named after Colonel George Davenport, a pioneer, frontiersman, and _____ trader.
- 2. Davenport's location on the Mississippi _____ made it an important trading hub.
- 3. Many of Davenport's early settlers were _____ immigrants.
- 4. President Ronald _____ worked as a radio staff announcer at Davenport's WOC Radio in 1933.
- 5. The commercial _____ -slicing machine was invented in Davenport.
- 6. Iowa is bordered by Minnesota, Wisconsin, South Dakota, Nebraska, Missouri and _____.

Answers: 1. Fur 2. River 3. German 4. Reagan 5. Bread 6. Illinois



TRAVELING SCRAMBLE



- 1. YEFRWEA
- 2. VNIAATCO
- 3. CIAGNPM
- 4. ELM I
- 5. TLAK
- 6. YRJUOEN
- 7. CUTKR
- 8. ADRO
- 9. IVITS
- 10. LEEPS



Unscramble the letters below to find the names of ten things having to do with traveling. Then discover the hidden theme words made up from the circled letters.



Hidden Words:



- 1. _ _ _ _ _
- 2. _ _ _ _ _
- 3. _ _ _ _ _
- 4. _ _ _ _ _
- 5. _ _ _ _ _
- 6. _ _ _ _ _
- 7. _ _ _ _ _
- 8. _ _ _ _ _
- 9. _ _ _ _ _
- 10. _ _ _ _ _

Answers: 1-FREEWAY 2-VACATION 3-CAMPING 4-MILE 5-TALK 6-JOURNEY 7-TRUCK 8-ROAD 9-VISIT 10-SLEEP Hidden Words: FAMILY TRIP



For the Love of PETS
Americans eat approximately 46 million turkeys for Thanksgiving each year.



How quickly can you say?



p+



is delicious.



GUESS WHAT I AM

Answers on Page 8

Happier Kitchen

Broccoli Puff

- 1 (10-oz.) pkg. frozen broccoli cuts
- 1 can condensed cream of mushroom soup
- 1/2 c. shredded sharp process American cheese
- 1/4 c. milk
- 1/4 c. mayonnaise
- 1 egg, beaten
- 1/2 c. fine dry bread crumbs
- 1 Tbsp. butter, melted



Cook frozen broccoli according to package directions, omitting salt, drain thoroughly. Place broccoli in a 10x6x1 1/2” baking dish. Preheat oven to 350°F. Stir together condensed soup and shredded cheese. Gradually add milk, mayonnaise and beaten egg to soup mixture, stirring until well blended. Pour over broccoli in baking dish. Combine bread crumbs and melted. Butter Sprinkle evenly over soup mixture. Bake for 45 minutes until crumbs are browned. Serves 6. **Enjoy!**

Precious Pets



Happiness is reading your favorite bedtime book.
—Thanks, Jessica Martin, Twin Falls ID

We wish we could answer and publish all the wonderful mail we receive. Here's a **BIG THANK YOU** to every one of you who write.

Amazing “Animals”



Has Anyone Seen My Shell-Phone?

There are around 1100 species of hermit crabs living in many places around the world. Despite their name, hermit crabs are not solitary creatures. They live in large colonies of 100 or more.

Find This Week’s . . .

“LIBRARY” WORDS



T I F A C O K S A M
R I S T V I T O R E L
A A O T S B F I A
T L S Q U T H E D
A B I R Y L A R I E T

Find the words below. They may zig and zag but don’t cross any lines or objects. You will be left with five words, one per line. They need to be unscrambled to reveal the hidden message.

- QUIET
ATLAS
READ
- BOOKS
FILM
ARTIFACTS
- Answer on page 8

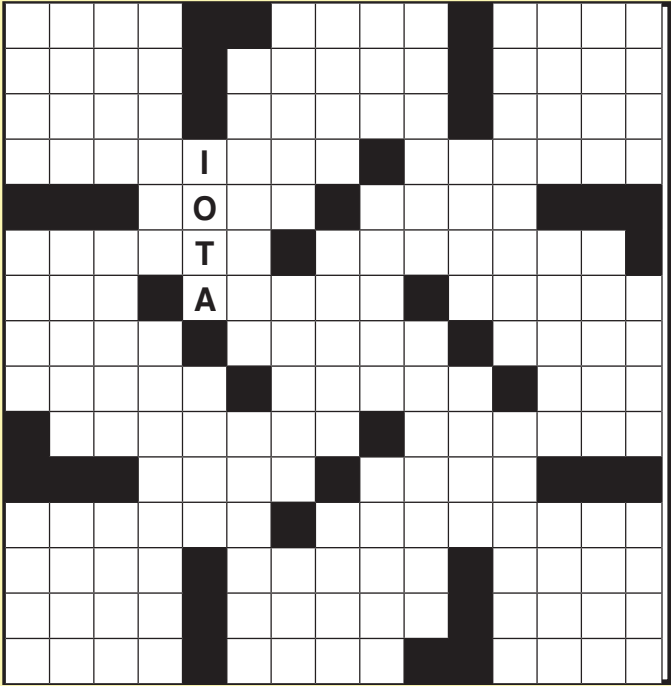
Get a Kick

My fifteen-year-old nephew, Bradley, recently asked me who my favorite niece or nephew was. Believing in being hones, I replied, “I’m sorry, but it isn’t you.” “Why not?” Bradley asked. I then explained to him that I had always felt as if he were a ‘little brother’ to my two older sons. He smiled broadly and asked, “So, who’s your favorite son?”



Fill-It-In

Use the word list to fill in the puzzle diagram. Words read across and down. When you have filled the diagram, you have solved the puzzle. **Have fun!**



- 3 LETTERS
KIT
NAE
NRA
RAE
- 4 LETTERS
AILS
AWED
CHIS
DANE
DOLS.
EARN
EARP
EKED
ELAN
ELON
ERAS
GLEN
GORY
HAYS
ILEA
IOTA
IOWA
IRAN
IRMA
JUNG
KNOW
LEAN
- 5 LETTERS
AARON
ARIEL
BERRA
DELIS
ELIAS
ENTAD
IONIA
IRATE
JELL-O
- MARAT
NISEI
REEVE
SOAKS
SOLEN
STOUT
TALES
TULIP
WOVEN
- 6 LETTERS
ADROIT
CLASPS
GASSED
KARATE
NOSTRA
SCRIMP
SEESAW
- 7 LETTERS
BELTERS
DADAIST
NECKLET
NEMESIS
- 8 LETTERS
CELERITY
ENLARGED
INSTILLS
LEMONADE



Look and LEARN

The heaviest turkey on record weighed in at a massive 86 pounds. In 1989, it was sold at auction for \$6,692.



Trivia Fun

Answers on page 8

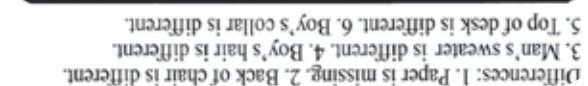
1. What sport’s hall of fame is in Canton, OH?
2. In what year was the first woman elected to congress? 1876, 1896, or 1916?
3. Of what country was Richard the Lion-Heart king?
4. What is the capitol of Florida?



We’re
Gettin’ **HAPPIER!**



Find the Differences



Weekly Safety Tips

During winter, colder regions that experience freezing temperatures, it is essential to replace your summer-grade windshield washer fluid with a winter-specific mixture to prevent the fluid from freezing. Non-winter windshield washer fluid can freeze on the windows, and it is a dangerous situation that significantly impairs visibility.



Fun Facts

-

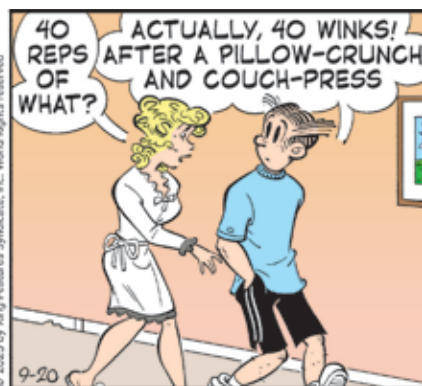
Doctor Mike Says . . .

-by Doctor Mike Roizen, M.D. Cleveland Clinic

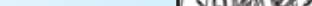
Depending on what survey you read, Americans consume between 17 and 29 pounds of French fries a year — that's up to 77 large servings of McDonald's fries annually! And

Research published in BMJ reveals that for every three servings of fries that are eaten weekly (week after week), the risk of Type 2 diabetes goes up 20%. In contrast, replacing three servings of fries a week with whole grains cuts your risk for Type 2 diabetes by 12% to 20%.

What about other ways of cooking potatoes? The researchers, who looked at around 25 years' worth of data on more than 200,000 men and women who didn't have diabetes, observed that regularly eating baked, boiled or mashed potatoes did not boost your risk. So, next time you are tempted to eat fries, consider a plain baked sweet potato or russet. Skip the sour cream and butter. For flavor, try a drizzle of olive oil, some salsa, hot sauce, or extra-virgin-olive-oil-sauteed onions and mushrooms.



Answer Section



W	A	M	C	D	C
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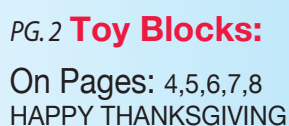
“LIBRARY”

WORDS

Hidden Word:
A VISIT TO
THE LIBRARY

PG. 7 **Trivia Fun**

1. PROFESSIONAL FOOTBALL'S
2. 1916, JEANETTE RANKIN
3. ENGLAND, IN THE LATE 12TH CENTURY
4. TALLAHASSEE



26.1 Dyeing Technology

www.elsevier.com/locate/jmb

PG.6 **Guess What I Am:** PUMPKIN PIE

PG 3 **Billboard of Happiness:**

30.1 THE WILCOX SIGNED-RANK TEST

1. THANKSGIVING IS A TIME FOR US TO BE



O	Y	P	P	I	N	S	N	O	W	Y
V	R	T	O	O	P	A	A	N	D	G
E	I	I	S	M	H	J	J	I	N	G
R	A	Q	A	U	B	R	I	S	K	O
C	A	D	M	F	G	W	A	R	M	F
A	T	E	I	M	M	E	C	I	N	A
S	A	U	L	O	O	C	Y	B	N	G
T	O	H	D	C	B	S	U	N	N	Y

On Pages: 4,5,6,7,8
HAPPY THANKSGIVING

On Pages: 4,5,6,7,8

THIRD ONE

STATUE OF LIBERTY

PG.6 **Guess What I Am:** PUMPKIN PIE

PG 3 **Billboard of Happiness:**

30.1 THE WILCOX SIGNED-RANK TEST

1. THANKSGIVING IS A TIME FOR US TO BE

6	9	4	5	3	1	7	8	2
7	3	5	4	8	2	6	9	1
1	8	2	9	6	7	5	3	4
2	7	9	8	4	3	1	6	5
4	5	6	1	7	9	8	2	3
3	1	8	6	2	5	9	4	7
5	2	1	3	9	8	4	7	6
9	4	7	2	5	6	3	1	8
8	6	3	7	1	4	2	5	9